

# Kimochis<sup>®</sup>

## KOTOWAZA



**HAPPY**

Happiness comes from within and then spreads.



**FRIENDLY**

Friendly faces create friends places.



**SAD**

Being sad reminds us how to appreciate being happy.



**MAD**

It's okay to be mad, but it's not okay to be mean.



**BRAVE**

Be brave enough to stand up and speak or brave enough to sit and listen.



**LEFT OUT**

It's always more fun when we make room for everyone.

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**SILLY**

For silly to be fun, it has to be fun for everyone.



**FRUSTRATED**

Frustration can often lead you to success.



**CURIOUS**

Follow your curiosity when it's safe and kind.



**CRANKY**

Being kind during cranky moments shows real character.



**HOPEFUL**

A hopeful heart makes many things possible.



**PROUD**

I am happy for you and happy for me.